

Critical Incident Stress Management



Sponsored by the
**NORTH TEXAS REGIONAL
ADVISORY COUNCIL**

Combination Group & Individual Crisis Intervention Workshops

Instructor Lt. Larry Lowe (Ret.) MS, LMPO, Chaplain - Richardson Police Department

This 3-day workshop is designed for anyone who desires to increase their knowledge of individual (one-on-one) and group crisis intervention techniques. Crisis Intervention is NOT psychotherapy; rather, it is a specialized, acute, emergency mental health intervention that requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This workshop is designed to teach participants the fundamentals of, and a specific protocol for, individual and group crisis intervention.

Accreditation

United Regional Health Care System is accredited by the Texas Medical Association to provide continuing medical education for physicians. United Regional Health Care System designates this educational activity for a maximum of 27 *AMA PRA Category 1 Credit*[™]. Participants should only claim credit commensurate with the extent of their participation in the activity.

United Regional Health Care System is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Accreditation

This workshop has been accepted for continuing education credit by TCLEOSE for law enforcement personnel. TCFP for fire personnel, TDSHS for paramedics/EMS, and the Texas Board of Examiners of Professional Counselors for LPCS, the Texas Board of Examiners of marriage and family therapists for LMFTS, and the Texas Board of Examiners for social work.

October 23-25, 2013

Public Safety Training Center

710 Flood St. Wichita Falls, TX 76301

No fee required!

To register leave a message for

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Or email

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Workshop Highlights

- ◆ Psychological crisis and psychological crisis intervention
- ◆ Resistance, resiliency, recovery continuum
- ◆ Critical incident stress management
- ◆ Basic crisis communication techniques
- ◆ Common psychological and behavioral crisis reactions
- ◆ Putative and empirically-derived mechanisms
- ◆ SAFER-Revised model
- ◆ Suicide intervention
- ◆ Large group crisis interventions
- ◆ Small group crisis interventions
- ◆ Critical Incident Stress Debriefing (CISD)
- ◆ Risks of iatrogenic "harm"